

BECOME
ONE BODY
ONE SPIRIT
IN CHRIST



KIA KOTAHI
Ā-TINANA
Ā-WAIRUA
I ROTO I TE KARAITI

OVERVIEW OF THE INTERACTIVE DVD

This resource provides five Pathways for deepening our understanding of the meaning and significance of the Eucharist in our lives.



HOW TO USE THIS RESOURCE

ME PĒNEI TE WHAKAMAHI I TĒNEI RAUEMI

This resource will be of use to:

- Presiders.
- Parish liturgy groups.
- School liturgy groups.
- Directors of Religious Studies.
- Liturgical ministers: Musicians, Readers, Extraordinary Ministers of Holy Communion...
- RCIA coordinators.

Steps to take BEFORE you meet with your group:

- Choose the Pathway that best suits the needs of your group.
- Review the WHOLE of the Pathway.
- Choose the SECTION of the Pathway that you wish to use for the meeting.
- Review this SECTION a number of times so that you are familiar with its contents and how to best navigate through the section.
- It is important to choose manageable sections that will allow time for prayer, reflection and discussion.
- Most sessions will usually last one hour. Divide your time to include:
 - ▶ Welcome
 - ▶ Prayer
 - ▶ DVD
 - ▶ Reflection
 - ▶ Discussion and Summary
 - ▶ Final Prayer

At the meeting

- **CHECK:** Check that the DVD is ready to run and that everything you need for the meeting is at hand, this includes the prayer at the beginning and the final prayer.
- **WELCOME:** Welcome the participants.
- **PRAY:** Begin with prayer (ensure that this is chosen before the meeting).
- **PROCESS:** Explain the process - which Pathway has been chosen and what particular section will be used for the meeting.
- **VIEW:** Show the section of the DVD.
- **REFLECT:** At the end of the section invite the participants to reflect on what they have seen. Give the members of the group a few minutes to do this. We recommend four questions as good starting points:
 - ▶ What inspires you?
 - ▶ What challenges you?
 - ▶ What confuses you?
 - ▶ What enlivens you?
- **DISCUSS:** Give participants time to share the reflections on the four questions.
- **PRAY:** End the session with prayer.

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